

REGISTRY & NURSERY CHECKLIST

DIAPERING & BATHING



Disposable Diapers

Look for: Chlorine-free, fragrance-free, dye-free, latex-free, and eco-friendly.
Suggestions: Earth's Best, Honest Company, Naty, and Seventh Generation
Register for: 3 boxes of size 1 and 5 boxes of size 2



Cloth Diapers

Suggestions: Mother ease, Bumgenius, Bumkins
Register for: 20-30 cloth diapers
Resources: The Nappy Shoppe in Plano and Crunchy Boutique in Arlington



Wipes

Look for: Fragrance-free and avoid synthetic preservatives
Suggestions: Naty, Seventh Generation, Young Living Seedlings, Huggies Natural, and Water Wipes
Register for: 2-3 boxes



Diaper Cream

Look for: Free from petrolatum and other petroleum products.
Suggestions: Badger Baby, Babyganics, California Baby, Earth Mama Angel Baby
Register for: 2 tubes
Pro tip: Keep one at changing station and one in the diaper bag!



Shampoo & Body Wash

Look for: Fragrance and SLES free
Suggestions: Babo Botanicals, Baby Mantra, Dr. Bronner's, Tom's of Maine
Register for: 1



Baby Lotion

Look for: Fragrance free
Suggestions: Baby Mantra, Baja Baby, Alaffia
Register for: 1

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SLEEPING

- Swaddles**
Look for: Organic material and flame-retardant free; Muslin is best
Suggestions: Aden & Anais, Modern Burlap, Pottery Barn
Register for: 5-8
Pro Tip: Use swaddles for burp cloths and vice versa!
- Sheets**
Look for: Organic material and flame-retardant free
Suggestions: Burts Bees, Pottery Barn, Lifekind
Register for: 2-3
- Mattress**
Look for: PVC and flame-retardant free
Suggestions: Naturepedic, Simmons Beauty Rest Organic, Sealy Healthy Dream
- Mattress Protector**
Look for: PVC, vinyl, phthalate free
Suggestions: Naturepedic
Register for: 2
- Crib**
Look for: natural materials like solid wood
Suggestions: Ikea, Pottery Barn
- Sleepers**
Look for: Organic and flame retardant free materials
Suggestions: Burt's Bees Baby, Finn + Emma, Nature Baby
Register for: 6-10 starting with 0-3 months
- Cool-Mist Humidifier**
Look for: BPA free
Suggestions: Vicks, Crane, PureGuardian
Register for: 1

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EATING



Bottles

Look for: Glass with Silicone nipple (free from phthalates, PVC, BPA, BPS)

Suggestions: Lifestory, Lollaland, Avent Natural, Born Free

Register for: 2-4 of a few brands to try

Pro tip: It is generally best to wait until baby arrives to get bottles. Different babies take to different nipples, especially if breastfeeding!



Nursing Tanks

Look for: Organic material

Suggestions:

Register for: 3-5

Pro Tip: while pregnant, buy a few of your favorite organic material tank tops. Cut the straps and sew in a loop. They will hook right on to your nursing bra and save you money!



Nursing Pillow

Look for: Organic material cover, flame-retardant free, and a foam-free filling

Suggestions: Boppy, PureRest

Register for: 1 plus an additional cover or two



Breast Pump

Look for: BPA and phthalate-free. BPA-free products may still contain BPS.

Suggestions: Medela, Aeraflow, Ameda

Register for: 1

Pro tip: Insurance typically covers pumps for free. Ask your care provider for details!

CLEANING



Look for: Fragrance free, EcoLogo or Green Seal logos, or make your own!

Suggestions: Planet, Martha Stewart, Seventh Generation, The Honest Co.

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TRANSPORTING



Carrier

Look for: GOTS certified and organic material

Suggestions: Baby K'Tan, Ergobaby

Register for: 1 of each type (wrap, sling, soft carrier)

Resources: The Nappy Shoppe and Crunchy Boutique



Carseat

Look for: What works best for you and your family!

Register for: 1

Pro tip: Be sure to check safety ratings and have the seat professionally installed!

DECORATING



Paint

Look for: Zero or Low-VOC

Pro tip: Be sure to wear protective gear if painting while pregnant. And we totally won't judge you if you register for paint!



Vinyl Decals

Look for: PVC-free

Suggestions: Sunny Decals, Wee Decor, Mae's Stickers, Pop & Lolli, Eco Wall Decals



Shelving

Look for: Low-VOC finish or enamel-painted metal

Suggestions: IKEA, Pottery Barn