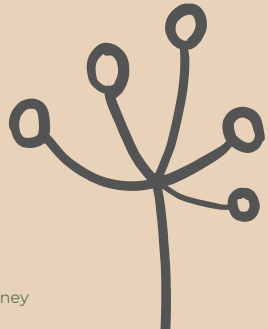


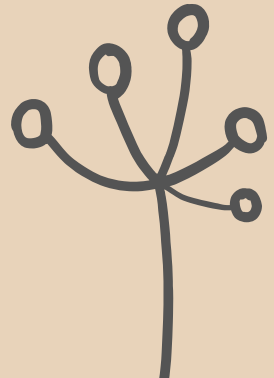


*get behind the
eyes of your
child.*

-Martha Sears



*this too shall
pass.*





*this amount
of time on
my child's
timeline is
so short.*





*i'm building
healthy sleep
habits for
life.*





*my baby
feels safe
and secure
and knows i
am here.*



do what you
feel in your
heart to be
right - for
you'll be
criticized
anyway.

- Eleanor Roosevelt